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FAQ'S AFTER SURGERY

1. My dressing fell out, what should I do?

A periodontal dressing is most helpful during the first **48 hours** of healing. After that time it serves only to provide you comfort much like a **Band-Aid**. It is not critical that the dressing be replaced if it falls off after surgery. Many times a dressing is not even placed. If your dressing falls off and you feel that you would prefer to have it put back on, please call the office to arrange for an appointment. It can wait until the following day. Often, healing will progress **faster** with the dressing off. Always let **comfort** be your guide.

2. Can I take Advil/Motrin/Tylenol and my prescribed pain medication at the same time?

Only take additional pain meds if after taking your prescribed dose there is still discomfort one hour after. Remember try to have some **food** in your stomach whenever pain meds are to be taken.

3. What should I do if I get a rash?

Stop all of your prescribed medications and call my office immediately. Do not take any more meds until the allergic reaction has been stabilized.

4. Can I brush my teeth?

Do not brush the surgical area, but you can continue to clean the rest of your mouth.

5. Can I use my Water Pik?

No! **Do not use** for 8 weeks after surgery.

6. What foods should be avoided after surgery?

Popcorn, Poppy Seeds, Sesame Seeds, Seeded fruits, Candy, Etc. Do not eat any foods that can get stuck and cause infection.